

## Sailing activities

Would you like to spend an unforgettable week in France but feel that a language course would not be enough?

**Because we know that learning is easier when we enjoy what we're doing, the Ciel Bretagne offers a language & activity package: French with [water sports](#).**

Our courses with activities are the ideal opportunity for you to immerse yourself in a region with exceptional cultural, historical and maritime heritage! Integrate an international class in the morning to improve your level of French in a warm, friendly atmosphere. Then, in the afternoon, practice your French with native speakers through exciting and interesting activities which will make your stay unique.

"French & sailing": for sailing enthusiasts or anyone who would like to try water sports in the safety of a beautiful, protected stretch of water!



Situated on the Atlantic coast and bordered by a protected body of water (the rade), Brest offers a safe area ideal for beginners or enthusiasts of water sports. Make the most of your afternoons to learn or perfect your chosen water sport like world championship and Olympic medallists, Camille LECOINTRE, Faustine MERRET et Marie RIOU.

**Choice of supports:** catamaran, laser (dinghy), stand up-paddle, windsurf, sea kayak.

### Sailing activities

**Public:** open to anyone aged 16 or over

**Duration:** 1 to 9 weeks

**Dates:** July / August 2019

**Organisation of the classes:** integration into an international group in the morning

**Class time:** 20 hours, Monday – Friday, 9.15 – 13.15

**Organisation of the water sports activities:** every afternoon from Monday – Friday

**Deadline for registration:** 1 month before the starting date.

**Included in the price:** the activities described in the programme, transport from the school to the sailing club, a sailing federation license and the use of a wet suit.

**Price: 235€ /week (does not include French course fees)**

**If you are a fan of water sports and you want to learn French, then our programme French and sailing is for you!**



## Public

**This programme is open to anyone aged 16 or over wishing to team a French course with water sports. (Beginner – advanced level)**

## Environment

With its sheltered bay of 180 km<sup>2</sup>, the rade of Brest is a magnificent training area no matter which sport you choose: sailing, kite-surf, kayak, stand up-paddle etc. and many water sports events are organised in the bay such as multi-sport speed trials, the EDHEC regatta, and the light yacht European championships.

After mornings in class at Ciel Bretagne, whether you are a beginner or perfecting your technique, you can discover the thrills and excitement of your chosen sport in complete safety, supervised by state qualified instructors.

## Organisation

### 1. Classes in an international group in the morning:

- integration into an intensive group at your level
- 20 hours of class: Monday – Friday, 9.15 – 13.15
- maximum 12 students per class
- development of the 4 communication skills (oral comprehension and expression, written comprehension and expression)
- grammar, vocabulary, pronunciation
- daily life and culture
- daily homework and a test on Friday morning
- end of course certificate

### [More information on the intensive French courses.](#)

### 2. Choice of water sports in the afternoon:

- catamaran
- laser (dinghy)
- stand up-paddle
- windsurf
- sea kayak

The qualified instructors of the [SRB](#) (Société des Régates de Brest) will be in charge of your water sports activity. In complete safety, you will rapidly become autonomous and discover the sensations and pleasure of being on the sea and in harmony with the natural elements.

Those who already have a high level and who want more thrills and excitement, La Base de vitesse de Brest offers throughout the year, the biggest « battle » of speed organised in the world to date, on a play-ground of 200km<sup>2</sup> ! It's simple – be the fastest over 500m, on a choice of more than 20 different supports! For more information: <http://www.basevitessebrest.com>